

# MONTHLY SYMPTOM TRACKER



	Month 1	Month 2	Month 3
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Bleeding after menopause



Bleeding in between periods or after sex



Periods becoming heavier than normal



Blood in your urine



Unexplained weight loss



Tummy pain



Abnormal vaginal discharge

### Notes

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If you're experiencing any of these symptoms, your GP wants to know.  
[peachestrust.org](http://peachestrust.org)

